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Principal: Mrs H Young

24th September 2026

Dear Parents/ Carers,

World Mental Health Day

On Saturday 10th October it is World Mental Health Day. To raise awareness of mental health and wellbeing, we will be hosting a #HelloYellow event on behalf of YoungMinds charity. #HelloYellow aims to raise awareness of young people's mental health and, more importantly, aims to demonstrate to all young people with mental health problems that they are not alone.

On Friday 9th October, we are inviting all children to come in non-uniform and wear something yellow. This can be a subtle splash of colour or they can dress in yellow from head-to-toe. By doing this, together we can show young people that they're not alone with their mental health.

If you would like your child to take part, we are suggesting a £1 donation for participating in order to raise money for YoungMinds charity and the important work that they do.

Further information and support about mental health for parents is available on the Young Minds website www.youngminds.org.uk.

Yours sincerely,

Mrs H Young
Lead Mental Health First Aider